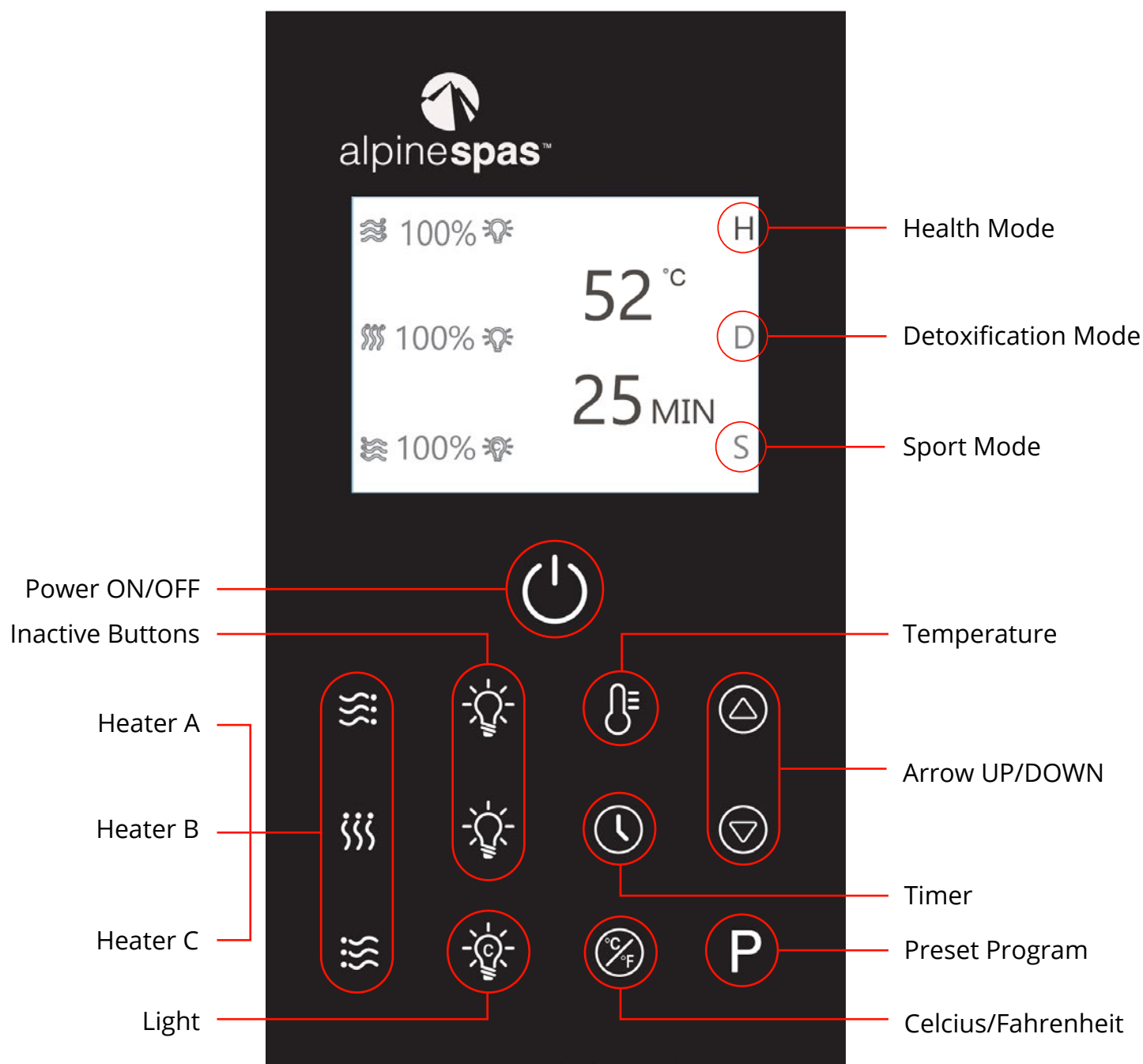




K9 Control Panel

User Manual


OVERVIEW OF CONTROL PANEL





1. POWERING ON/OFF

Plug the main power cord into the wall outlet.


Press the "Power" () button once.

The control panel should beep and is now in standby mode, but the heaters are not on by default.

To turn the sauna off, hold the power button down for 5 seconds.

2. TURNING ON/OFF THE HEATERS



To turn the heaters on, while in standby mode, press the "Power" button once to activate the heaters.

The "Heating" icons () will turn on, which indicates the heaters are active.

The default heat temperature is set to max (70°C).

To turn the heaters off, press the "Power" button once.

3. TEMPERATURE ADJUSTMENT


To set the temperature, press the "Temperature" button () once and then use the "UP" & "DOWN" () arrows to change the desired temperature (20 - 70°C).

Temperature can be set on the control panel between 20 - 70°C, however the standard average temperature the sauna will reach will be between 50 - 60°C as heating greatly depends on external ambient temperature. The max temperature equation works roughly to be [Ambient Room Temp + 40°C]. (E.g in a cold garage the sauna will struggle to reach 50°C so it's recommended to place it in a warm room where possible.)

Once set, the temperature display will show the current actual temperature inside the sauna. 5 seconds without adjustment will exit the temperature adjustment mode.

When the heating sauna reaches the set temperature level on the control panel, all of the heaters will be reduced to operate at 25% power.

4. ADJUSTING THE HEATER STRENGTH

All the heaters are divided into 3 groups and the power of each group can be controlled at 100%, 75%, 50%, 25%. To change the heater power level, press the corresponding () button to cycle through the levels.



The levels of the heaters provide different infrared wavelengths.

Far-Infrared (FIR) : 3,000nm - 1mm (IR-C) 100% heater working power

Mid-Infrared (MIR) : 1,400nm - 3,000nm (IR-B) 75% heater working power

Near-Infrared (NIR) : 700nm - 1,400nm (IR-A) 25 - 50% heater working power


5. SETTING SESSION TIMER

To set the timer, press the "Timer" () button once and then use the "UP" & "DOWN" () arrows to change the desired session time (1 minute increments). You can hold down the "UP" & "DOWN" arrows to speed up the increments.

5 seconds without adjustment will exit the time adjustment mode.

Once set, the time display will show the remaining minutes until the session ends and the heaters are disabled.

6. LIGHTING

To turn the lights on, press the bottom 'Light' () button once.

Once the light is on, continue to press the "light" button to cycle through the available colours (White, red, green, blue, orange, yellow, light pink). The last option in the cycle is 'auto' mode which will automatically 'step' through the colours in a cycle.

To turn the lights off, hold down the same 'Light' button for 3 seconds.

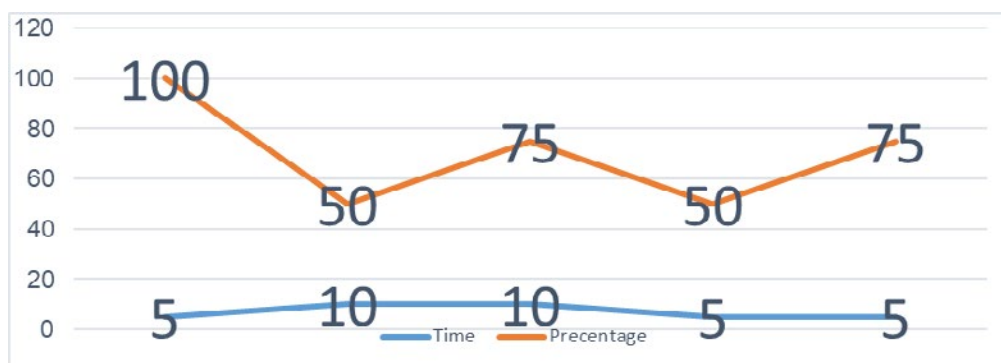


7. PRESET PROGRAM MODE

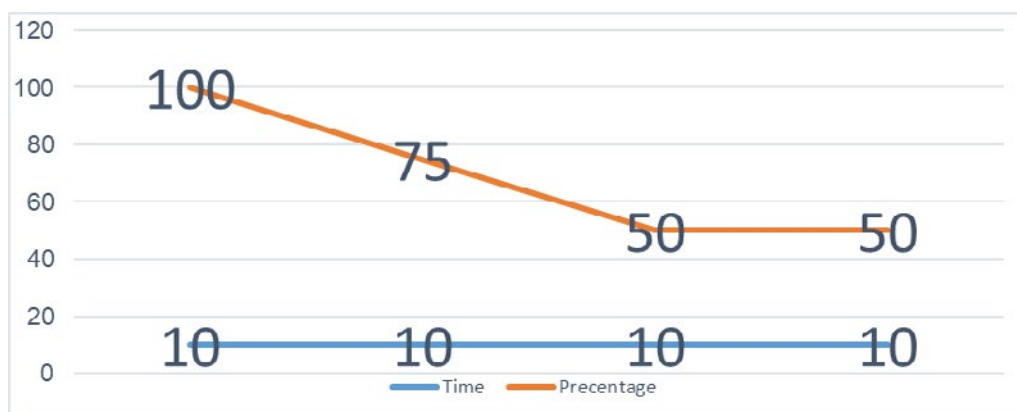
The system has 3 preset programmes which automatically set the time and the percentage of the heaters. Each mode is specially designed to gain the most out of the sauna depending on your intended use.

To turn on a 'Preset Program', press the "Program" (ICON) button to cycle through each mode.

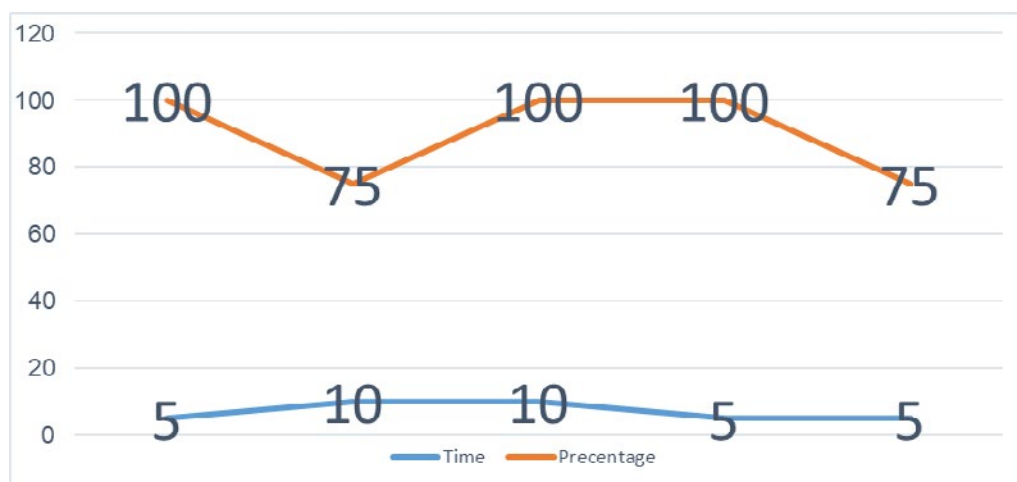
Health Mode uses



Detoxification Mode uses



Sport Mode uses



RECOMMENDATIONS FOR USE:

- 1.** Set up the desired session temperature and time using the control panel.
- 2.** Allow approximately 20-30 minutes for the sauna to warm up before beginning a session. Hydrate yourself.
- 3.** Enjoy the Sauna. We recommend a session time of 30-45 minutes. The ceiling vent can be opened at any time to for air circulation.
- 4.** Always drink plenty of water before, during, and after a session. Doing so will replenish lost fluids from the body through perspiration.
- 5.** Take a cold shower after to refresh.
- 6.** Place a towel on the bench and floor of the sauna to keep sweat off the wood and floor tile. Keep one towel handy to wipe any extra sweat from your body.
- 7.** The interior wood is aromatic and adds to the enjoyment of your sauna session. If you feel the odor is too strong during the first few months of usage, you can wipe the wood with a damp cloth to minimize the odor.

CLEANING AND MAINTENANCE:

Before using your infrared sauna for the first time, clean the inside of the sauna with a damp cloth. If the smell of the sauna is strong at first, that is normal and please open the door while the sauna is working. The smell will diminish over time.

Use furniture polish to clean the exterior. Do not wet the exterior with water.

We recommend placing a soft towel on the floor and on the bench of the sauna to absorb perspiration during sauna use.

Scratches and stains on the sauna can be removed by simply using fine grade sandpaper over the damaged area.



Notes

CONTACT INFORMATION

If you need assistance, please get in touch via phone or email.

service@alpinespas.co.nz	0800 99 33 88
service@alpinespas.com.au	1800 99 33 88

For a digital copy of this guide and also the outdoor sauna user guide visit:
<http://alpinespas.co.nz/support/>
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